

Geert Van der Straeten

# Mindful

flute + piano

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# Mindful

opus 22.2

Nominated by the 'International Society for Music Education'

Geert Van der Straeten

Largo espressivo ♩ = 76

Musical score for measures 1-4. The score is in 4/4 time with a key signature of one sharp (F#). The tempo is Largo espressivo at 76 beats per minute. The piano part features a series of chords in the right hand and a melodic line in the left hand. Dynamics include *pp* and *p*. The instruction "con Ped." is written below the first measure.

5

Musical score for measures 5-8. The piano part continues with chords and a melodic line. Dynamics include *pp* and *ppp*.

9

Musical score for measures 9-12. The flute part begins in measure 9 with a melodic line marked *espressivo* and *p ma sonore*. The piano part continues with chords and a melodic line, also marked *p ma sonore*.

Flute

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Largo espressivo (♩ = 76)

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9 *espressivo*  
*p ma sonore*

15 *poco rit.* A tempo ♩ = 76  
*mf*

21 *mf* 6

32 *poco accel. e cresc.*  
*p*

39

44 *cresc.*

50 *mf*

55 *cresc.*